

Adenoidectomy Post Operative Instructions

Nurse Line (8:30am to 5pm) **937-496-0261**
 After Hours Doctor Line **937-496-2600**

Effects of Anesthesia

Removing the adenoids involves a brief anesthesia, typically 10-20 minutes. Patients may be quite irritable for several hours after surgery. If sedatives were given, some patients will remain sleepy for much of the day. Nausea and vomiting is occasionally seen, and usually resolves by the evening of surgery - even without additional medications.

Medications:

- Most children do not need pain medications after this surgery, however you may use regular Tylenol or Motrin if you are concerned that your child is having pain (see chart below for dosing).

Child's weight (lbs)	Tylenol (Acetaminophen)			Motrin (Ibuprofen)		
	mg	Elixir (160mg/5mL)	Meltaways (160mg each)	mg	Elixir (100mg/5mL)	Chewables (100mg each)
20	130	4 mL	1/2	80	4 mL	1/2
30	200	6 mL	1	120	6 mL	1
40	270	8 mL	1 1/2	160	8 mL	1 1/2
50	330	10 mL	2	200	10 mL	2
60	400	12 mL	2 1/2	240	12 mL	2 1/2
70	470	14 mL	2 1/2	300	15 mL	3
80	540	16 mL	3	340	17 mL	3
90	600	18 mL	3 1/2	400	20 mL	4

Other effects of surgery:

- Low-grade fever may occur. Tylenol (either oral or suppository) can be used. If your child has a fever greater than 101.5°F for several days that doesn't respond to Tylenol, call the doctor's office.
- Children can return to normal activity, school or daycare the following day after surgery.
- If your child has nausea or vomiting, try giving sips of clear liquids like Sprite, water or apple juice then gradually increase fluid intake. If the nausea or vomiting continues beyond 24-36 hours, call the doctor's office for medications that will help relieve the nausea and vomiting.
- Bloody drainage from the nose or blood tinged nasal discharge can occur after adenoidectomy and is normal.
- Many patients will have very bad breath for up to 2 weeks after adenoidectomy.
- If the adenoids are very large, the patient's voice may change after surgery.
- Some patients will have a small amount of liquid come out of their nose when they drink after surgery, this should stop within a few weeks after surgery.