



DAYTON  
**HEAD & NECK**  
SURGEONS, INC.  
www.mydaytonent.com

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## PostOperative Instructions For Ear Surgery

1. Please call the doctor's office (4962600) and make an appointment to see the doctor three (3) weeks from the date you are discharged from the hospital, unless instructed to do otherwise.
2. Call the office immediately if discharge from the ear persists longer than one (1) week or develops an odor.
3. DO NOT BLOW YOUR NOSE FOR TWO (2) WEEKS following surgery. Any accumulated secretions in the nose should be expectorated through the mouth to avoid infecting the ear. If you sneeze, do so with your mouth open during the sneezing seizure.
4. Bloody or watery drainage from the incision area may occur during the first TEN DAYS FOLLOWING SURGERY. If this happens tape a piece of gauze behind the ear and call our office.
5. A full sensation with popping sounds may be noticed during the healing period.
6. Water should be kept out of the ear until it is healed. The hair may be shampooed one (1) week following surgery, providing water is not allowed to enter the ear canal. This is avoided by putting a plug of cotton in the canal and applying Vaseline over the cotton.
7. If you have had surgery to improve your hearing, do not be concerned regarding your hearing for a period of six to eight weeks following surgery. Your hearing will be evaluated at that time.
8. Should you develop a cold or become ill following surgery, please notify your doctor.
9. No lifting over fifteen (15) pounds or vigorous activity for the first week after surgery
10. If you have undergone an endolymphatic shunt procedure and you notice CLEAR drainage from the nose or suture line, notify your doctor immediately.
11. IMPORTANT: Prior to leaving the hospital, be sure you have the phone numbers of your doctor and surgery scheduler.
12. Any refills for pain medication will need to be called in during **normal business hours**. Any after hour requests **will be denied**.
13. Any problems or questions that may arise during your postoperative period should be addressed by calling the phone nurse at (937) 4960261 between the hours of 8:30 am and 5:00 pm. For emergencies after hours or on weekends, call the main office number (937) 4962600 and the medical society will notify the physician on call.

*Head & Neck Surgery • Ear, Nose, Throat & Sinus Surgery • Pediatric ENT • Voice Analysis & Rehabilitation*

**Main Location**  
369 W. First St.  
Suite 400  
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**Englewood Office**  
9000 North Main St.  
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**Centerville Office**  
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