

Stop Your Allergy Medication!

7 days prior to your test, Stop all Antihistamines!

Allegra (fexofenadine), Benadryl (diphenhydramine), Claritin (loratadine), Xyzol (levocetirizine), Zyrtec (cetirizine), or any form of these that can be found in cough or cold medicines, over the counter sleep aides and anti-inflammatory creams.

Failing to do so will cause your test to be rescheduled.

3 days prior to your test, stop Nasal sprays,
except for Saline.

1 day prior to your test, stop any topical steroids,
ointments, and lotions.

If you take medication for High Blood Pressure, Glaucoma, Migraine or any heart condition, check with your PCP or call our office to make sure it is not a **Beta-Blocker**. **You cannot be tested** or receive treatment if you take this type of medication.

Please call our office if you have any questions or concerns.

937-496-2620 ext. 454